Venous Thromboembolism Prevention in Trauma: Can We Do Better?

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Why focus on VTE?

The Surgeon General's Call to Action to Prevent Deep Vein Thrombosis and Pulmonary Embolism

2008

- VTE is common
 - -350,000 to 600,000Americans suffer DVT and/or PE each year



http://www.surgeongeneral.gov/topics/deepvein/calltoaction/call-to-action-on-dvt-2008.pdf

U.S. Department of Health and Human Services

Why focus on VTE?

The Surgeon General's Call to Action to Prevent Deep Vein Thrombosis and Pulmonary Embolism

2008

- VTE is Deadly
 - ->100,000 deaths per year
- More deaths than combined from
 - Breast Cancer
 - Motor Vehicle Collisions
 - AIDS

http://www.surgeongeneral.gov/topics/deepvein/calltoaction/call-to-action-on-dvt-2008.pdf



U.S. Department of Health and Human Services

DVT is 4th most

commonly reported complication in Trauma Patients

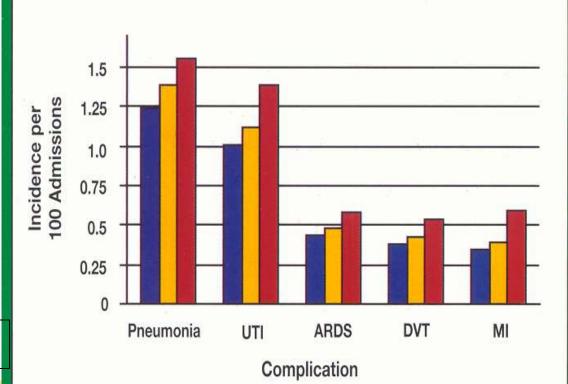
Kardooni, J Trauma 2008

The Journal of

TRAUMA

Injury, Infection, and Critical Care





DVT Incidence After Trauma

- DVT rates reported as high as 58% of moderately to severely injured patients (ISS>=9)
- Rates lower in broader trauma populations
 - 0.36% in overall NTDB (Knudson)
 - 0.38%-0.54% in NTDB (Kardooni)

Geerts, NEJM 1994 Knudson, Ann Surg 2004 Kardooni, J Trauma 2008



Why focus on VTE?

• VTE is (mostly) preventable



VTE Should NOT be Considered a "Never Event"

Not ALL events are preventable

- VTE occurs even in patients receiving best practice prophylaxis
- 8 RCTs of VTE Prophylaxis in Joint Replacement Surgery (4 TKA, 4 THR)
 - 0.3%-2.5% Symptomatic VTE



Evidence Based VTE Prophylaxis Guidelines

- American College of Chest Physicians (ACCP)
- Eastern Association for the Surgery of Trauma (EAST)
- American Academy of Orthopedic Surgeons (AAOS)
- American College of Obstetricians and Gynecologists (ACOG)
- American College of Physicians (ACP)



Brief Summary of Evidence Based Prophylaxis Guidelines in Trauma

- American College of Chest Physicians (ACCP)
- Eastern Association for the Surgery of Trauma (EAST)
- Give LMWH- (Enoxaparin 30mg q12)
- If LMWH contraindicated- use mechanical
 - -Sequential Compression Devices (SCDs)

Geerts, CHEST 2008 http://www.east.org/tpg/dvt.pdf



DVT Prophylaxis is Vastly Underutilized!

A Prospective Registry of 5,451 Patients With Ultrasound-Confirmed Deep Vein Thrombosis

Samuel Z. Goldhaber, MD, and Victor F. Tapson, MD, for the DVT FREE Steering

Committee*

We enrolled 5,451 patients with ultrasound-confirmed deep vein thrombosis (DVT), including 2,892 women and 2,559 men, from 183 United States sites in our prospective registry. The 5 most frequent comorbidities were hypertension (50%), surgery within 3 months (38%), immobility within 30 days (34%), cancer (32%), and obesity (27%). Of the 2,726 patients who had their DVT diagnosed while in the hospital, only 1,147 (42%) received prophylaxis within 30 days before diagnosis. ©2004 by Excerpta Medica, Inc.

(Am J Cardiol 2004;93:259-262)

Venous thromboembolism risk and prophylaxis in the acute hospital care setting (ENDORSE study): a multinational cross-sectional study

Alexander T Cohen, Victor F Tapson, Jean-Francois Bergmann, Samuel Z Goldhaber, Ajay K Kakkar, Bruno Deslandes, Wei Huang, Maksim Zayaruzny, Leigh Emery, Frederick A Anderson Jr, for the ENDORSE Investigators*

- 68,183 patients
- 358 hospitals in 32 countries
- Prophylaxis
 - 58.5 % compliance surgical patients
 - 39.5 % compliance medical patients

Cohen, Lancet 2008



"The disconnect between evidence and execution as it relates to DVT prevention amounts to a public health crisis."

Samuel Z. Goldhaber, M.D., Associate Professor of Medicine, Harvard Medical School



DEEP-VEIN THROMBOSIS: ADVANCING AWARENESS TO PROTECT PATIENT LIVES

White Paper

Public Health Leadership Conference on Deep-Vein Thrombosis Washington, D.C. • February 26, 2003

American Public Health Association

DVT: Advancing
Awareness to Protect
Patient Lives

American Public Health Association (APHA) White Paper 2003



Agency for Healthcare Research and Quality (AHRQ)

Deep vein thrombosis (DVT)-related pulmonary embolism (PE) is the most common cause of preventable hospital death¹

DVT prophylaxis of at-risk patients is the #1 strategy to improve patient safety in hospitals¹

JOHNS HOPKINS

Making Health Care Safer II: An Updated Critical Analysis of the Evidence for Patient Safety Practices





Agency for Healthcare Research and Quality
Advancing Excellence in Health Care • www.ahrq.gov

Evidence-Based Practice

Patient Safety

Table C. Strongly encouraged patient safety practices

- Preoperative checklists and anesthesia checklists to prevent operative and post-operative events
- Bundles that include checklists to prevent central line-associated bloodstream infections
- Interventions to reduce urinary catheter use, including catheter reminders, stop orders, or nurse-initiated removal protocols
- Bundles that include head-of-bed elevation, sedation vacations, oral care with chlorhexidine, and subglottic-suctioning endotracheal tubes to prevent ventilator-associated pneumonia
- Hand hygiene
- "Do Not Use" list for hazardous abbreviations
- Multicomponent interventions to reduce pressure ulcers
- Barrier precautions to prevent healthcare-associated infections
- Use of real-time ultrasound for central line placement
- Interventions to improve prophylaxis for venous thromboembolisms

http://www.ahrq.gov/research/findings/evidence-based-reports/services/quality/ptsafetysum.pdf



Making Health Care Safer II: An Updated Critical Analysis of the Evidence for Patient Safety Practices





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Evidence-Based Practice

Patient Safety

Chapter 28. Prevention of Venous Thromboembolism: Brief Update Review

Elliott R. Haut, M.D., FACS; Brandyn D. Lau, M.P.H.

 "Strategies to increase appropriate prophylaxis for VTE" included on list of top 10 "Strongly Encouraged Patient Safety Practices"

http://www.ahrq.gov/research/findings/ evidence-based-reports/patientsftyupdate/ptsafetyIIchap28.pdf



Surveillance Bias and Public Reporting of VTE



How did I get interested in VTE?

- Adult Trauma Performance Improvement
- Paraphrased letter we received
- Dear Johns Hopkins Adult Trauma
- You have the highest DVT rate of all Trauma Centers in Maryland
- Why?
- Sincerely, Maryland Institute for Emergency Medical Services Systems (MIEMSS)



A New Research Idea is Born

- Johns Hopkins screens aggressively
- What do other trauma centers do?
- Does this impact reported DVT rates?



Conflict Regarding Duplex Screening for asymptomatic DVT

 Conflicting data on efficacy and costeffectiveness of duplex screening of asymptomatic trauma patients

- Pro: Identify DVT early allowing treatment before fatal PE
- Con: Large expense, not cost effective, harm from anticoagulation

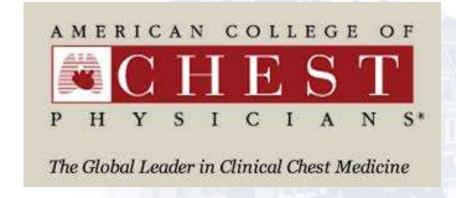


Should we Screen High-Risk Trauma Patients for DVT?

Conflicting Guidelines



VS.



Rogers, J Trauma 2002 Gould, CHEST 2012



Eastern Association for the Surgery of Trauma (EAST) Guideline

 "Serial duplex ultrasound imaging of high-risk asymptomatic trauma patients to screen for DVT may be cost-effective and decrease the incidence of PE."

http://www.EAST.org/resources/treatment-guidelines Rogers, J Trauma 2002

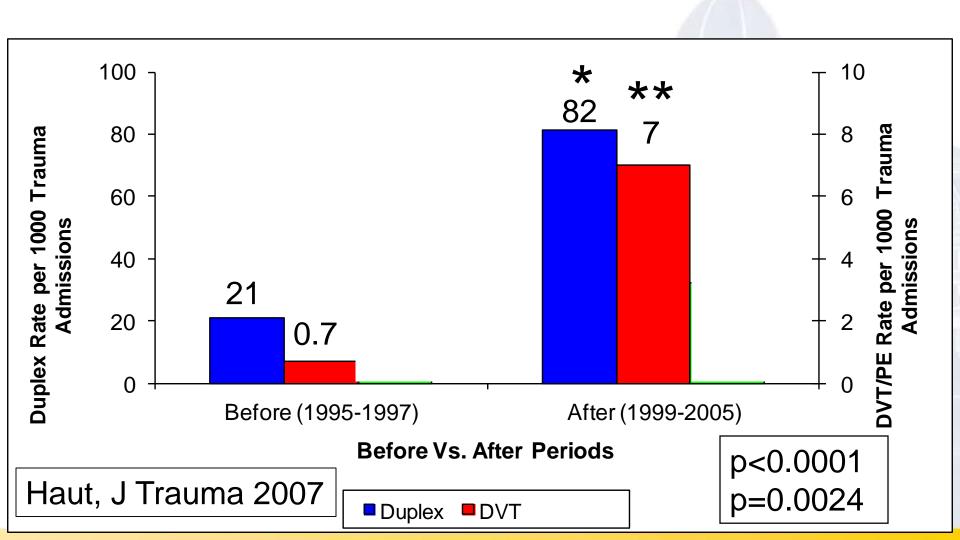


American College of Chest Physicians (ACCP) Guidelines

 "For major trauma patients, we suggest that periodic surveillance with venous compression ultrasonography should not be performed (Grade 2C)."



Single Center (JHH)- Duplex & DVT rates Before v. After Screening Guideline



Multi-Center (NTDB)- Hospital Level Duplex & DVT rates

 Trauma centers with higher rates of duplex ultrasound report higher DVT rates to the National Trauma Data Bank

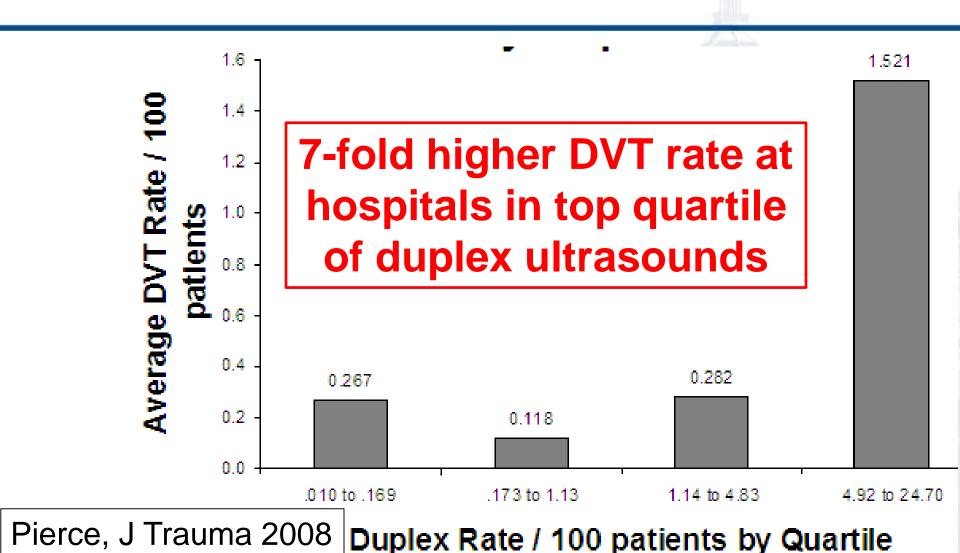
The Journal of TRAUMA® Injury, Infection, and Critical Care

Surveillance Bias and Deep Vein Thrombosis in the National Trauma Data Bank: The More We Look, The More We Find

Charles A. Pierce, MPH, Elliott R. Haut, MD, Shahrzad Kardooni, MPH, David C. Chang, MBA, MPH, PhD, David T. Efron, MD, Adil Haider, MD, MPH, Peter J. Pronovost, MD, PhD, and Edward E. Cornwell III, MD



The More We Look, The More We Find



Hospital Screening Status is an Independent **Risk Factor** for DVT Reporting

Haut, J Trauma 2009 The Journal of

TRAUMA®

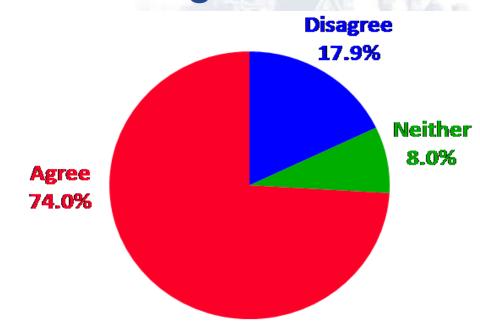
Injury, Infection, and Critical Care

Independent Risk Factors for Diagnosis of Deep Vein Thrombosis in Trauma Patients

| | Odds Ratio | 95% Confidence Interval |
|--|------------|----------------------------|
| Treatment at "Screening" vs. "Non-Screening" Trauma Center | 2.16 | 1.07-4.34 |
| Age ≥ 40 years | 2.00 | 1.74-2.30 |
| Extremity Injury (AIS≥3) | 1.96 | 1.68-2.30 |
| Head Injury (AIS≥3) | 1.53 | 1.22-1.92 |
| Ventilator Days ≥ 3 | 5.14 | 3.66-7.22 |
| Venous Injury | 2.85 | 1.97-4.13 |
| Major Surgery | 4.79 | 4.08-5.62 |
| | | |

Variability in Trauma Surgeons Opinions of DVT Screening

- AAST/EAST member survey
- 317 individual trauma surgeons



"High risk asymptomatic patients should be screened for DVT"

A Classic Example of Surveillance Bias

 Providers who screen more aggressively by performing more duplex ultrasounds may identify more cases of DVT and appear to provide worse quality of care than those providers who order fewer tests



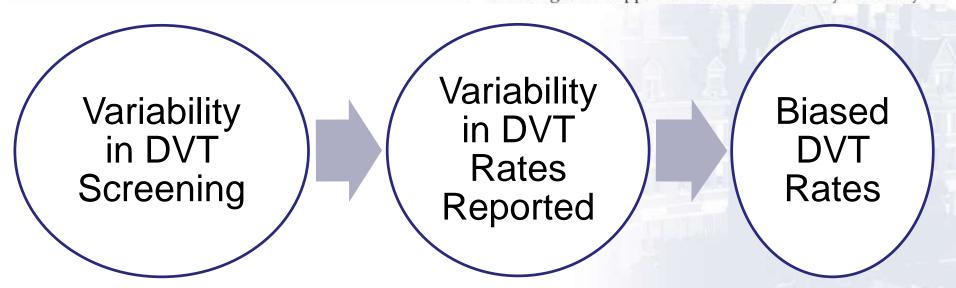
Implications

Surveillance Bias in Outcomes Reporting

Elliott R. Haut, MD

Peter J. Pronovost, MD, PhD

DVT, some clinicians use duplex ultrasound to screen highrisk asymptomatic trauma patients for DVT. Other clinicians argue this approach is neither clinically necessary nor



Haut & Pronovost, JAMA 2011





"We'll just use the test results anyway because it's the only data we have"

http://dilbert.com/strips/comic/2010-11-07



Defining Preventable Harm The VTE Example

 We suggested that "performance measures could link a process of care with adverse outcomes when defining incidences of preventable harm"

Preventable Harm = VTE + No Prophylaxis



We Talked

 Centers for Medicare & Medicaid Services listened





Medicare

Medicaid/CHIP

Medicare-Medicaid Coordination Private Insurance Innovation Center Regulations and Guidance

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Research, Statistics, Data and Systems Outreach and Education

Home > Regulations and Guidance > EHR Incentive Programs > Meaningful Use

EHR Incentive Programs

Getting Started

Registration & Attestation

Medicare and Medicaid EHR

Incentive Program Basics

Meaningful Use

Stage 2

Clinical Quality Measures (CQMs)

Certified EHR Technology

Eligible Hospital Information

Medicaid State Information

Data and Program Reports

Meaningful Use

The Medicare and Medicaid EHR Incentive Programs provide financial incentives for the "meaningful use" of certified EHR technology to improve patient care. To receive an EHR incentive payment, providers have to show that they are "meaningfully using" their EHRs by meeting thresholds for a number of objectives. CMS has established the objectives for "meaningful use" that eligible professionals, eligible hospitals, and critical access hospitals (CAHs) must meet in order to receive an incentive payment.

The Medicare and Medicaid EHR Incentive Programs are staged in three steps with increasing requirements for participation. All providers begin participating by meeting the Stage 1 requirements for a 90-day period in their first year of meaningful use and a full year in their second year of meaningful use. After meeting the Stage 1 requirements, providers will then



have to meet Stage 2 requirements for two full years. Eligible professionals participate in the program on the calendar years, while eligible hospitals and CAHs participate according to the federal fiscal year.

 Financial incentives for the "meaningful use" of certified EHR technology to improve patient care

"Meaningful Use" Quality Reporting Criteria Related to VTE

- "Meaningful Use" of Electronic Health Record (EHR) Technology
 - -VTE1 Prophylaxis within 24 hours of arrival
 - -VTE2 ICU VTE Prophylaxis
 - -VTE3 Anticoagulation Overlap Therapy
 - -VTE4 Platelet Monitoring on UFH
 - -VTE5 VTE Discharge Instructions
 - -VTE6 Incidence of Potentially Preventable VTE



"Meaningful Use" Definition of Potentially Preventable VTE

- VTE-6 Incidence of Potentially Preventable VTE
- "This measure assesses the number of patients diagnosed with confirmed VTE during hospitalization (not present or suspected at admission) who did not receive VTE prophylaxis between hospital admission and the day before the VTE diagnostic testing order date."

Surveillance Bias in VTE Reporting in Surgery

Original Investigation

Evaluation of Surveillance Bias and the Validity of the Venous Thromboembolism Quality Measure

Karl Y. Bilimoria, MD, MS; Jeanette Chung, PhD; Mila H. Ju, MD; Elliott R. Haut, MD; David J. Bentrem, MD, MS; Clifford Y. Ko, MD, MS; David W. Baker, MD, MPH

JAMA. doi:10.1001/jama.2013.280048 Published online October 7, 2013.

Bilimoria, JAMA 2013



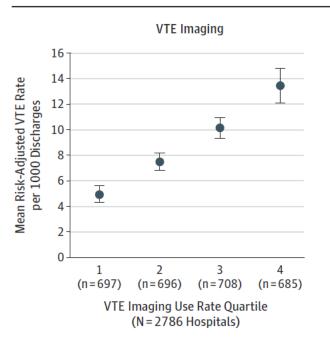
Surveillance Bias in VTE Reporting in Surgery

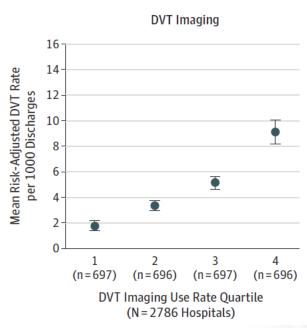
- 2,786 hospitals
- 954,526 Medicare patients >=65 years
- 11 major operations
 - AAA, CABG, craniotomy, colectomy, cystectomy, esophagectomy, gastric bypass, lung resection, pancreatic resection, proctectomy, total knee arthroplasty

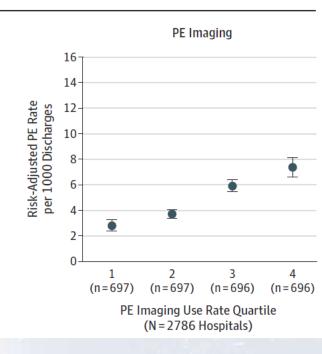


Surveillance Bias in VTE Reporting in Surgery

Figure 3. Mean Risk-Adjusted Event Rates by Imaging Use Rate Quartile







Bilimoria, JAMA 2013



Can a Systems Approach Improve VTE Prevention and Outcomes



What approaches can improve VTE prophylaxis?

- "Passive dissemination of guidelines is unlikely to improve VTE prophylaxis practice."
- "A number of active strategies used together, which incorporate some method for reminding clinicians to assess patients for DVT risk and assisting the selection of appropriate prophylaxis, are likely to result in the achievement of optimal outcomes."

Tooher, A Systematic Review of Strategies to Improve Prophylaxis for Venous Thromboembolism in Hospitals. Ann Surg 2005.

Improving VTE Prophylaxis at The Johns Hopkins Hospital

Lessons from the Johns Hopkins Multi-Disciplinary Venous Thromboembolism (VTE) Prevention Collaborative

BMJ 2012;344:e3935

Michael B Streiff associate professor of medicine¹², Howard T Carolan quality and innovations project administrator³, Deborah B Hobson patient safety clinical specialist, surgical intensive care nurse and coordinator³⁴, Peggy S Kraus clinical specialist for anticoagulation⁵, Christine G Holzmueller senior research coordinator II, medical writer and editor³⁶, Renee Demski senior director, quality and safety³, Brandyn D Lau medical informatician⁷, Paula Biscup-Horn clinical pharmacy specialist, anticoagulation management⁸, Peter J Pronovost professor, director, senior vice president for patient safety and quality ⁶³⁹¹⁰, Elliott R Haut associate professor of surgery³⁴⁶⁹¹¹

Streiff, BMJ 2012



Improving VTE **Prophylaxis** at The **Johns Hopkins Hospital**

Paper Order Sets

Streiff, BMJ 2012

Prevention of Venous Thromboembolism (VTE) Adult Order Form - GENERAL SURGERY, SURGICAL ONCOLOGY, UROLOGIC, OR VASCULAR SURGERY

PILOT WORKSHEET

Allergies: Weight: Serum Creatinine INDICATE RISK FACTORS (Check all that apply) Serious Risk Factors Other Risk Factors : Immobility (bpdrost/sitting > 3 days) or paralysis □ Obesity (BMI > 30 kg/M*) Current, active cuncer Previous DVT and/or PE¹ Central venous catheterizations t: Smoking (active, not history) Stroke within the past 3 months (non-hemorrhagic) : Acute medical illness or sepsis : Estrogen use (OC or HRT) Trauma (major or lower extremity) Myeloproliferative disorder Selective estrogen receptor Heart or respiratory failure undergoing acute treatment : Inflammatory bowel disease modulators (SERMs) Pregnancy and post-partom (< 1 month) a Nephrotic syndrome □ Varicose veim Inherited or acquired thrombophilis RISK CATEGORIES Low Risk Moderate Risk High Risk¹ Very High is Minor surgery (< 30) □ Minor surgery (<30 min), age <40 □ Any surgery age > 60 years WITHOUT may additional risk. Risk1,2 min), Age <40 years, with years, WITH any additional risk factors D Major wargery NO additional risk factors (one or more) (>30 min) at any ti Minor surgery (<30 min), age 40-60 years WITH any age WITH any is Vascular surgery with □ Minor surgery (<30 min), age 40-60 additional risk factors (one or more) SERIOUS RISK NO additional risk factors years, with NO additional risk factors FACTORS □ Major surgery (>30 min), age < 40 years WITH any
</p> OR D Laparoscopic procedures ☐ Major surgery (>30 min), age < 40.
</p> additional risk factors (one or more); OR age 40-60 years with NO additional risk years with NO additional risk factors WITH or WITHOUT any additional risk factors (one or more) to Major surgery factors c>30 min L une □ Laparoscopic surgery WITH any Major vascular surpery (>30 min) WITH any additional risk >60 years WITH any additional. to Low risk treologic additional risk factors (one or more) factors (one or more) procedures (TURP, etc.) risk factors (one or more) ORDER Low Risk Moderate Risk High Risk Very High Risk n No pharmacologic a Hepurin 5,000 Units SC Q12 hours : Hepurin 5,000 Units SC Q8 hours! # Heparin 5,000 Units SC Q8 hours prophylicis is indicated. G. Enoxuparin 40 mg SC ODay^{1,4,7} Early and persistent With the option to add With the option to add cr TED' o TED (Trade-off: fewer PE with more bleeds) mobilization recommended; o SCD! n SCD* Please specify ambulation

Patient Identification

CONTRAINDICATIONS¹

- E. Active, uncontrolled bleeding or high risk of bleeding ii Threatmed abortion
- p. Systemic anticoagulation
- n. Active aneurysen (cerebral or nortic dissecting)
- D Bacterial endocurditis or pericarditis
- : Active peptic ulcer disease, ulcerative GI lesions
- D Malignant hypertension
- in Severe head traumin
- 13 DNR or aPTT ratio > 1.5 (unless autiphospholipid antibodico
- Severe thrombocytopenia (platalit count < 30,000)</p>
- III Recent TURP
- Eye, brain, or spinal cord injury within the past 48 hrs.
- :: For Heparin or Enexaparin: history of HIT
- to For Energyarin: Epidoral catheter renoval or spind tap < 2 hours prior to dose; weight < 45kg; hemodialysis
- D For SCD: open wounds or extremity with known DVT

ORDERS1

If contraindication present:

(Check one or more)

□ Discontinue orders above

Early and persistent mobilization

Please specify ambulation plan

II TED/SCD

For patients with contraindications to pharmacologic prophikasis, use mechanical prophylaxis with properly fitted TED and/or RCD until the bleeding risk decreases.

Patients undergoing major cancer surgery who are >60 years, or patients with previous DFT/Pff, post-discharge prophylaxis for 3 to 4 weeks is recommended.

Manipulation of epidewal cathotoe should be undertaken at the mide troughly of inthroughly of effect. With enougherin remove the cathotoe at least 10-12 hours after the done and watt 2 hours to reduce. If eatheter is to remain in place, heparin aur is utrough recommended, with reduce > 1 hour after removal. If blood is present with eatheter manipulation or multiple punctures employed, was 24 hours to re-ators any pharmacologic shromboproholasis.

Patients with CrCL 1-300 ml/mln, heparin is strongly recommended over consequent. If enougher in is used, the manufacturer recommends 30mg 3C Q Dep.

For morbidy obese patients (BM) 40 kg/M; killowing tereatric surgery, enougherin 40mg/SC Q12 hours was more effective than 30mg/SC Q12 hours in an open trial.

TED and SCD are most effective when properly applied to the patient and are operating for > 23 hours per day

| Date | Time | MD Signature | | MD Name (printed) | MD I.D Number |
|------------|------|--------------|------|-------------------|----------------|
| Order Note | | Date | Time | Signature | Name (printed) |

Improving VTE Prophylaxis at The Johns Hopkins Hospital

- Mandatory VTE risk stratification tool into the computerized provider order entry (CPOE) system
- Advanced computerized clinical decision support (CDS)



Benefits of the Computerized VTE Prevention System

- Puts VTE prevention into the work flow
- Enables rapid, accurate risk stratification and risk-appropriate VTE prophylaxis
- Applies evidence directly to clinical care
- Allows for performance monitoring/reporting



Keys to Success

- Multidisciplinary team
 - Physicians, Nurses, Pharmacists, Informatics
- Leadership buy-in
- Collaborate with service teams
- Educate front-line providers
- Measure baseline performance
- Conduct ongoing performance evaluations



Does Improving Prophylaxis Change Outcomes?

- We thought we were increasing quality and improving patient care
- But could we show hard data?

- YES
- Johns Hopkins Trauma Surgery Example



Does Improving Prophylaxis Change Outcomes? The JHH Trauma Example

BUILDING A SURGICAL EXPERTISE IN INFORMATICS

Improved Prophylaxis and Decreased Rates of Preventable Harm With the Use of a Mandatory Computerized Clinical Decision Support Tool for Prophylaxis for Venous Thromboembolism

Elliott R. Haut, MD; Brandyn D. Lau, MPH; Franca S. Kraenzlin, MHS; Deborah B. Hobson, BSN; Peggy S. Kraus, PharmD, CACP; Howard T. Carolan, MPH, MBA; Adil H. Haider, MD, MPH; Christine G. Holzmueller, BLA; David T. Efron, MD; Peter J. Pronovost, MD, PhD; Michael B. Streiff, MD

Arch Surg. 2012;147(10):901-907

Haut, Arch Surg 2012

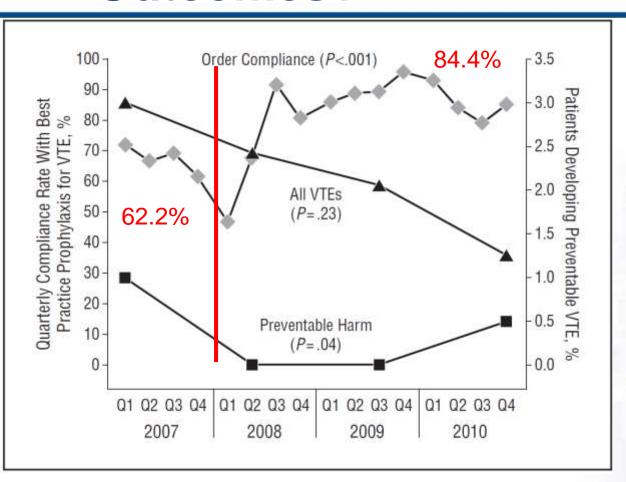


Does Improving Prophylaxis Change Outcomes?

- Single Trauma Center
- Pre/Post Intervention Study
- 1-year PRE vs. 3-years POST
- Retrospective data collection
- IRB approved



Does Improving Prophylaxis Change Outcomes?



Significant increase in VTE prophylaxis
Significant drop in preventable harm from VTE

1.0% vs. 0.17% (p=0.04)

Haut, Arch Surg 2012



VTE Prophylaxis-Computerized Decision Support

NATE



DVTeamCareTM Hospital Award

Tell Us How You Fight

D

T

DVTEAMTM CARE HOSPITAL AWARD WINNER

The Johns Hopkins

Hospital

DVTeamCareTM Hospital Award

Award Nomination Deadline October 15, 2010

The North American Thrombosis Forum is proud to have been selected by Eisal, Inc. to help develop the DVTeamCare(TM) Hospital Award. The DVTeamCareTM Hospital Award is a new award providing national recognition to hospitals that have made significant commitment to preventing DVT and its potentially fatal complications. NATF has been engaged to identify judges for the award, who also developed appropriate criteria.* The applications from the 22 hospitals nominated for the 2009 DVTeamCareTM Hospital Award are currently being

reviewed by a three-judge panel was selected by NATF. Winners will be announced shortly

www.natfonline.org

Latest News and Updates

Consensus Statement:
Call To Action On

Preventing Hospital-Acquired Venous Thromboembolism

A Guide for Effective Quality Improvement



Three Examples of Effective Implementation and Clinical Decision Support

The following are examples of effective order set design and implementation. They illustrate the central importance of implementation and clinical decision support techniques across disparate hospital settings and VTE risk assessment models.

The **Johns Hopkins** collaborative team used the "translating research into practice" (TRIP) model to implement mandatory VTE risk assessment and risk-appropriate prophylaxis.⁵ The TRIP model is consistent with the principles presented throughout this guide. Important steps included summarizing the evidence from a centralized steering group; identifying barriers through pilot testing, good measurement, and feedback; and reinforcing appropriate prophylaxis through staff engagement, education, regular evaluation, good clinical decision support in order sets, and layered interventions to reinforce the protocol.⁶



Improving VTE Prophylaxis Administration with Targeted Performance Feedback



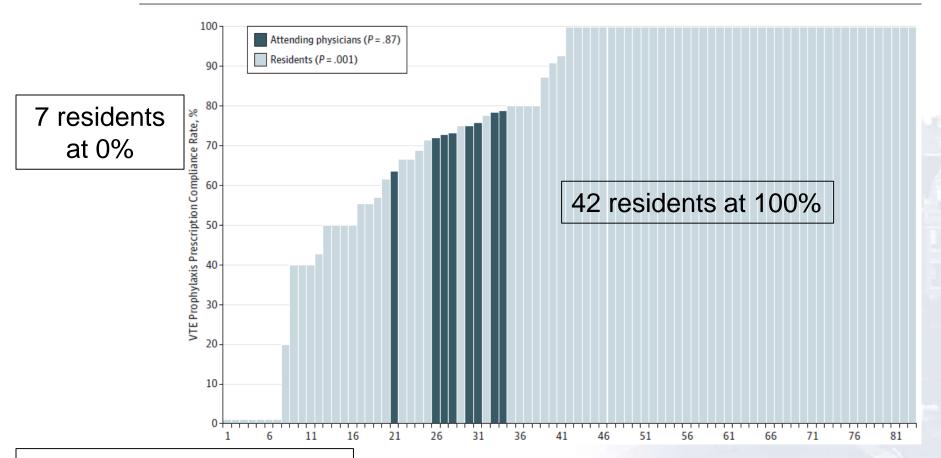
The Role of Health Informatics

- Harness the power of analytics
- Bringing performance data to individual providers and units
- Can competition drive improvements?



Trauma Attending & Resident Prophylaxis

Figure. Risk-Appropriate Venous Thromboembolism (VTE) Prophylaxis Prescription Compliance Rates



Lau, JAMA-Surg 2015

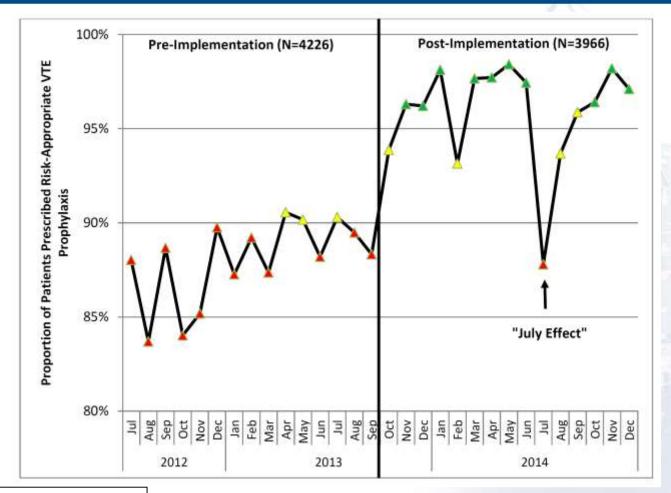


| ı | | | CURRENT MONTH | | | |
|---|------------|-------|---------------------|---------------------|------------|--|
| | | UID | September 2013 | | | |
| | RANK | | Compliant Orders | Number of Orders | Compliance | |
| Ì | 1 | A033 | 11. | 11 | 100% | |
| ĺ | 1 | A111 | 12 | 12 | 100% | |
| ĺ | 1 | A092 | 2 | 2 | 100% | |
| I | 1 | A112 | | | n/a | |
| 1 | 1 | A072 | 14 | 14 | 100% | |
| ۹ | 1 | A131 | 7 | 7 | 100% | |
| ĺ | 1 | A053 | 2 | 2 | 100% | |
| ĺ | 1 | A034 | 4 | 4 | 100% | |
| ĺ | 1 | A024 | - 8 | 8 | 100% | |
| | 1 | A161 | 2 | 2 | 100% | |
| | 1 | A045 | | | n/a | |
| ĺ | 1 | A025 | 5 | 5 | 100% | |
| ĺ | 1 | A035 | | | n/a | |
| ĺ | 1 | A043 | 2 | . 2 | 100% | |
| į | 1 | A055 | 2 | 2 | 100% | |
| ĺ | -1 | A004 | 1 | 1 | 100% | |
| ĺ | 1 | A122 | | | n/a | |
| ĺ | 1 | A121 | 1 | 1 | 100% | |
| ĺ | 1 | A014 | | | n/a | |
| İ | 1 | A082 | | | n/a | |
| l | 1 | A062 | | | n/a | |
| İ | 22 | A012 | - 4 | 43 | 100% | |
| ĺ | 23 | A015 | 9 | 9 | 100% | |
| ĺ | 23 | A071 | 8 | 8 | 100% | |
| 1 | 25 | A052 | 10 | 11 | 90.9% | |
| i | 26 | A091 | 11 | 12 | 91.7% | |
| İ | 26 | A102 | 8 | 9 | 88.99 | |
| Ì | 28 | A032 | 4 | 4 | 100% | |
| İ | 29 | A141 | 13 | 15 | 66175 | |
| Ì | 30 | A005 | 9 | 9 | 100% | |
| Ì | 31 | A023 | 14 | 15 | 93.3% | |
| Ì | 32 | A051 | 2 | 2 | 100% | |
| Ì | 32 | A081 | 6 | 7 | 675 | |
| Ì | 34 | A042 | 7 | 8 | 87.394 | |
| i | 35 | A022 | - 6 | 7 | 85,750 | |
| 1 | 26 | 4061 | | 1 | 0.000 | |
| | | | | 1 | 100% | |
| (| 87 | , – | 70/ | 14 | B1/8- | |
| Ì | 7 / | | | 4 | 100% | |
| | | | / 0 | 6 | 831396 | |
| | | | | 12 | 50.0% | |
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Surgery Resident Feedback Improves VTE Prophylaxis





Missed Doses of VTE Prophylaxis



A Big Assumption

- As physicians, we assume that medication orders we place are consistently delivered
- But is that truly the case?
- Does prescription = administration?



Steps to Optimal Pharmacologic VTE Prophylaxis

Provider Prescription



Nurse Administration



Patient Acceptance



Do Missed VTE Prophylaxis Doses Matter?

Methods

- Retrospective analysis
- 202 trauma and general surgery patients ordered enoxaparin

Results

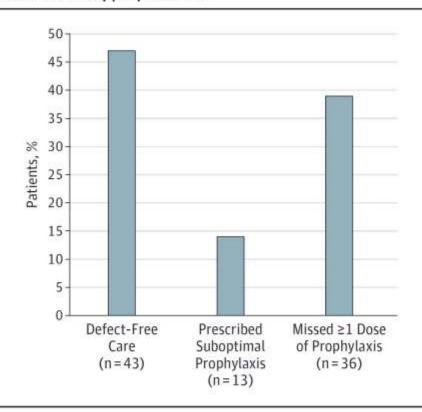
- Overall incidence of DVT = 15.8%
- 58.9% of patients missed >=1 dose
- DVT compared missed vs. no missed doses
 - 23.5% vs. 4.8% (p < 0.01)



Do Missed VTE Prophylaxis Doses Matter?

Figure. Categorization of Patients With Hospital-Acquired VTE By Process of Care Appropriateness

- 92 VTE patients
- 39% missed
 >=1 dose of prophylaxis



Of the 92 patients with a venous thromboembolism (VTE), 43 (47%) received defect-free care, while 49 (53%) had truly potentially preventable VTE and were in the prophylaxis-failure group (ie, 13 of 92 patients were prescribed suboptimal prophylaxis [14%], and 36 of 92 patients missed ≥1 dose of prescribed prophylaxis [39%]).

Haut, JAMA Surgery 2015

Missed Doses of VTE Prophylaxis Medications at Johns Hopkins

- December 1, 2007 to June 30, 2008
 - ->100,000 doses
 - -12% of doses not administered
 - Patient refusal most frequent (~60%) documented reason

PLOS ONE: Patterns of Non-Administration of Ordered Doses of Venous Thromboembolism Prophylaxis: Implications for Novel Intervention



Patterns of Non-Administration of Ordered Doses of Venous Thromboembolism Prophylaxis: Implications for Novel Intervention Strategies

Kenneth M. Shermock , Brandyn D. Lau, Elliott R. Haut, Deborah B. Hobson, Valerie S. Ganetsky, Peggy S. Kraus, Leigh E. Efird, Christoph U. Lehmann, Brian L. Pinto, Patricia A. Ross, Michael B. Streiff

What's the Real Story Behind Missed Doses?

- "Hidden Barriers to Delivery of Pharmacologic Venous Thromboembolism Prophylaxis"
 - SURVEY "I have the clinical knowledge and experience to determine if it is necessary to administer DVT/PE prophylaxis injections to patients."
 - AGREE 87%/79% medicine/surgery
 - FOCUS GROUP INTERVIEWS "We make the clinical decision all the time as to whether a patient needs VTE prophylaxis every day, based on how much the patient is ambulating."



Our PCORI Project



Preventing Venous Thromboembolism:
 Empowering Patients and Enabling Patient Centered Care via Health Information Technology

Funding Announcement

Principal Investigator

Elliott Haut, MD, PhD

Organization

Johns Hopkins University Assessment of Prevention, Diagnosis, and Treatment
Options

State Project Budget

Maryland \$1,499,194

Year Awarded Project Period

2013 3 years

http://www.pcori.org/research-in-action/improving-patientnurse-communication-prevent-life-threatening-complication



Our PCORI Objectives

- 1) Enable patients to make informed decisions about their preventive care by improving the quality of patient-nurse communication about the harms of VTE and benefits of VTE prophylaxis
- 2) Empower patients to take an active role in their VTE preventive care
- 3) Identify and facilitate active engagement of patients who are not administered doses of VTE prophylaxis using a real-time escalating alert

http://www.pcori.org/research-in-action/improving-patient-nurse-communication-prevent-life-threatening-complication



Our PCORI Collaborators / Key Stakeholders







Patient and Family Advisory Council



http://www.pcori.org/research-in-action/improving-patientnurse-communication-prevent-life-threatening-complication



PCORI Website "Research in Action"



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Patient-Centered Outcomes Research Institute





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FUNDING OPPORTUNITIES

RESEARCH & RESULTS

GET INVOLVED

MEETINGS & EVENTS

Research & Results

OUR PROGRAMS

RESEARCH WE SUPPORT

HOW WE SELECT RESEARCH TOPICS

RESEARCH METHODOLOGY

PCORNET: THE NATIONAL
PATIENT-CENTERED CLINICAL
RESEARCH NETWORK

RESEARCH IN ACTION

COLLABORATING WITH OTHER RESEARCH FUNDERS

Improving Patient-Nurse Communication to Prevent a Life-Threatening Complication



Hospitalized patients are at increased risk for potentially fatal blood clots in their legs and lungs; a Baltimore team is exploring how to ensure wider use of preventive measures.

Baltimore, MD—Susan Kulik, DNP, MBA, RN was at her job as a surgical nurse at Johns Hopkins University Hospital in Baltimore when she slipped on a patch of wet floor and fractured her hip. The hospital admitted her right away for surgery to insert pins to stabilize her fractured bones.

The morning after the surgery, Kulik woke around 7 a.m., unable to breathe. "I got very dizzy and scared," Kulik says. "I thought I was going to die. It was an awful feeling."

A blood clot had formed in a vein deep in Kulik's leg, then broken off and traveled to her lung, where it blocked blood flow. This condition, venous thromboembolism (VTE), includes the formation of blood clots in deep veins and pulmonary embolism, in which a clot ends up in the lungs.

"I got very dizzy and scared ... I thought I was going to die. It was an awful feeling." Susan Kulik

AT A GLANCE

Preventing Venous
Thromboembolism:
Empowering Patients and
Enabling Patient-Centered Care
via Health Information
Technology

Principal investigator: Elliott R. Haut, MD, PhD Johns Hopkins University

Goal: To increase patient understanding and improve

What VTE Education Do Patients Really Want? Results from a Delphi Survey



Modified Delphi Method

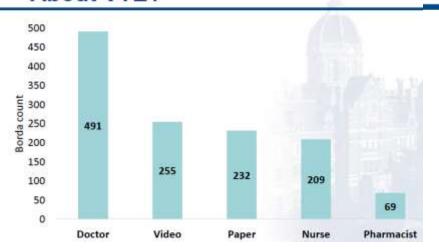
- Iterative process involving surveys, feedback and revisions
- Engaged patients and family members
- Recruited via email and/or social media (websites, Facebook, Twitter) through respective organizations
- > 400 respondents



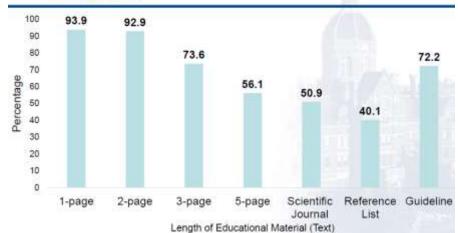
What Do Patients Want?

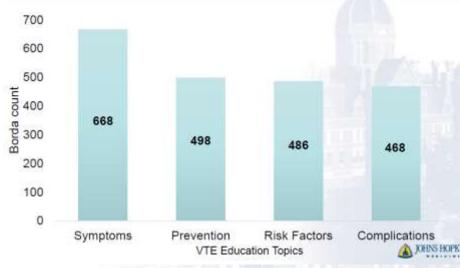
How Do Patients Want To Learn About VTE?

What Do Patients Want to Learn about VTE

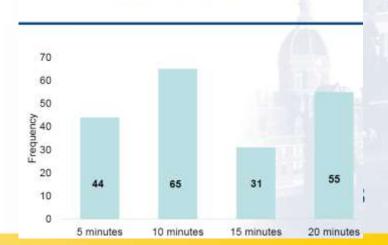








Preferred Length Of Video?



What Do Patients Want?

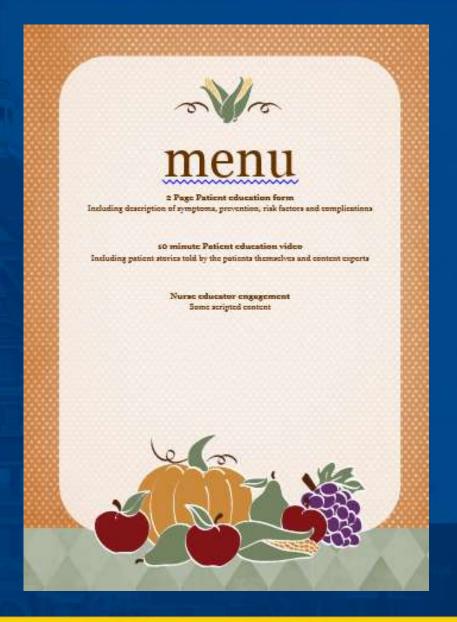








Patient VTE Education Menu



What Do Patients Want? Paper Form (2-pages)



The Johns Hopkins Hospital Patient Information

How Do I Prevent Blood Clots? Venous Thromboembolism (VTE) Deep Vein Thrombosis (DVT) Pulmonary Embolus (PE) Original: Date 05/31/2014

Department: VTE Collaborative/Surgery

What is a blood clot or Venous Thromboembolism (VTE)?

Blood clots are called Venous Thromboembolism (VTE). There are 2 main types:

- · Deep Vein Thrombosis (DVT) is a clot in a deep vein, usually an arm or leg
- Pulmonary Embolism (PE) is a clot that has broken off and traveled to the lungs. This can cause death.
- www.hopkinsmedicine.org/armstrong/
 bloodclots
 They spoke,

They spoke, we listened



What Do Patients Want? Video

- Patients wanted
 - 10 minute video
 - Physicians, nurses and patients talking

- Screened for JHH PFAC
 - Changes based on group feedback

They spoke, we listened

http://bit.ly/bloodclots



http://bit.ly/bloodclots Video







What Do Patients Want? Patient Education Intervention Project

- Real time alert of dose non-administration from POE system via pager/email
- Patient education bundle
 - Targeted education
 - Direct one-on-one discussion with nurse
 - Supported by paper handout and/or video
- Prospective Cohort Study
 - April 2015 to December 2015 (8 months)



THE WALL STREET JOUR

Home

World

Politics

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Tech Markets

Opinion

Arts Life Real Estate



STYLE & FASHION Your Top 7 Men's Style Questions for Fall, Answered



EATING & DRINKING Europe (Finally) Wakes Up to Superior



ADVENTURE & TRAVEL A Weekend Away in Southern England's Wine Country



RUMBLE SEAT Subaru Forester: Function Over Form

LIFE | HEALTH | THE INFORMED PATIENT

Blood Clot Prevention Is Higher Priority at Hospitals

Many patients don't receive anticlotting drugs; nurses don't always give them

"Everyone assumed that once we got doctors to order the right medications, the rest would magically fall into place," says Dr. Haut, "It turns out that was very naive thinking. The nurse administration and patient acceptance phases are just as critical."

Dr. Haut is now leading a new project funded by the nonprofit Patient-Centered Outcomes Research Institute that includes training sessions for nurses about improving communication with patients and a special admission package for patients about taking an active role in clot prevention. Hopkins turned to some patients who have suffered blood clots to review the materials, talk to nurses, and tell their own stories in a video to convey the dangers of clots. http://on.wsj.com/1M18Aqu

Hospitals are intensifying inpatient care to prevent potentially fatal blood clots. WSJ's Laura Landro and Johns Hopkins' Dr. Elliott Haut join Tanya Rivero on Lunch Break. Photo: Getty



By LAURA LANDRO Aug. 3, 2015 2:20 p.m. ET





Acknowledgements



@elliotthaut ehaut1@jhmi.edu

- Hopkins VTE Website (with paper forms)
 - http://www.Hopkinsmedicine.org/Armstrong/bloodclots
- Patient Education Video
 - http://bit.ly/bloodclots
- Wall Street Journal article
 - http://on.wsj.com/1M18Aqu
- PCORI Research in Action
 - http://www.pcori.org/research-in-action/improvingpatient-nurse-communication-prevent-life-threateningcomplication



EXTRA SLIDESWill NOT be Discussed



Focus on VTE Prevention in Trauma



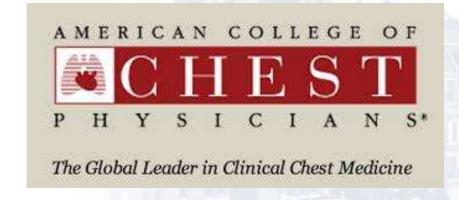
Inferior Vena Cava (IVC) Filters for VTE Prophylaxis in Trauma



Conflicting Guidelines



VS.



Rogers, J Trauma 2002 Gould, CHEST 2012

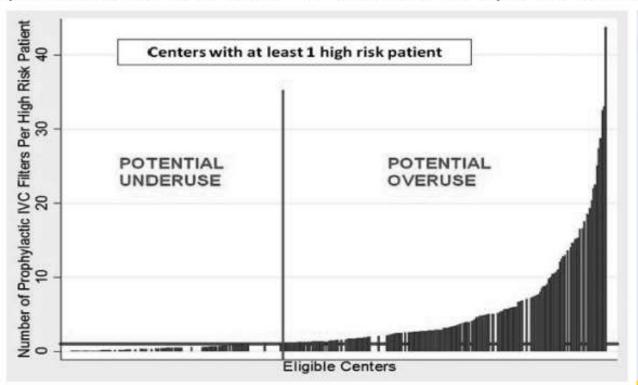


- Conflicting Guidelines
- EAST "At this time, we recommend consideration of IVC filter insertion in patients without a documented DVT or PE who meet high-risk criteria and cannot be anticoagulated." (Rogers J Trauma 2002)
- ACCP "For major trauma patients, we suggest that an IVC filter should not be used for primary VTE prevention (Grade 2C)." (Gould 2012 CHEST)

Variation in Prophylactic Inferior Vena Cava (IVC) Filter Use

Unwarranted National Variation in the Use of Prophylactic Inferior Vena Cava Filters After Trauma: An Analysis of the National Trauma Databank

Lesly A. Dossett, MD, MPH, Raeanne C. Adams, MD, and Bryan A. Cotton, MD, MPH, FACS





Practice Patterns and Outcomes of Retrievable Vena Cava Filters in Trauma Patients: An AAST Multicenter Study

- 599 patients at 21 Trauma Centers
- Very low retrieval rate (22%)
- "The practice patterns of retrievable IVC filter use should be re-examined."

 Number Needed to Treat (NNT) to prevent one PE is 109

Figure 2. Forest Plot of Relative Risk (RR) of Pulmonary Embolism (PE) With Use of Inferior Vena Cava (IVC) Filters vs No IVC Filters in Trauma Patients

| | IVC Filters | | No IVC Filters | | | | | |
|-------------------------------------|---------------------|------------------------------|---------------------|------------------------------|-------------------|---------|-------------------------------|--------------|
| Source | No. of PE Events | Total No. of Participants | No. of PE Events | Total No. of Participants | RR (95% CI) | | IVC No IVC Filters Filters | Weight, % |
| Wilson et al, ²⁷ 1994 | 0 | 15 | 8 | 111 | 0.10 (0.00-29.45) | ← | | 4.76 |
| Khansarinia et al,30 1995 | 0 | 108 | 13 | 216 | 0.05 (0.00-1.50) | | - | 13.14 |
| Rodriguez et al, ³¹ 1996 | 1 | 40 | 14 | 80 | 0.14 (0.02-1.05) | - | | 38.88 |
| Gosin et al, 28 1997 | 0 | 99 | 12 | 249 | 0.06 (0.00-2.29) | | | 11.23 |
| Gorman et al, ³² 2009 | 1 | 54 | 0 | 58 | 3.07 (0.13-71.20) | | <u> </u> | 15.64 |
| Rajasekhar et al,25 2011 | 0 | 18 | 1 | 16 | 0.32 (0.01-6.91) | | | 16.36 |
| All | 2 | 334 | 48 | 730 | 0.20 (0.06-0.70) | - | \Diamond | 100.00 |
| | | | | | | 0.00033 | 1.0 RR (95% CI) | 2993 |

Weights are calculated from random-effects analysis. Dashed line indicates the overall weighted point estimate (0.20); diamond, same overall weighted point

estimate (95% CI). Shadow size varies relative to weight assigned to each study. Overall $I^2 = 0\%$ (P = .48). Test of RR = 1 (z = 2.52; P = .01).

Haut, JAMA Surgery 2013



 Number Needed to Treat (NNT) to prevent one fatal PE is 1099

Figure 3. Forest Plot of Relative Risk (RR) of Fatal Pulmonary Embolism (PE) With Use of Inferior Vena Cava (IVC) Filters vs No IVC Filters in Trauma Patients

| | IVO | Filters | No I | VC Filters | | | | | |
|-------------------------------------|---------------------------|------------------------------|---------------------------|------------------------------|-------------------|----------|----------------|-------------------|--------------|
| Source | No. of Fatal PE Events | Total No. of Participants | No. of Fatal PE Events | Total No. of Participants | RR (95% CI) | | IVC Filters | No IVC Filters | Weight, % |
| Wilson et al, ²⁷ 1994 | 0 | 15 | 3 | 111 | 0.23 (0.00-70.76) | <u> </u> | | | 15.23 |
| Khansarinia et al,30 1995 | 0 | 108 | 9 | 216 | 0.07 (0.00-2.16) | | | | 42.31 |
| Rodriguez et al, ³¹ 1996 | 0 | 40 | 8 | 80 | 0.08 (0.00-2.40) | | • | | 42.46 |
| All | 0 | 163 | 20 | 407 | 0.09 (0.01-0.81) | < | \Diamond | | 100.00 |
| | | | | | | 0.00073 | 1. RR (9 | 0 5% CI) | 1373 |

Weights are calculated from random-effects analysis. Dashed line indicates the overall weighted point estimate (0.20); diamond, same overall weighted point

estimate (95% CI). Shadow size varies relative to weight assigned to each study. Overall $I^2 = 0\%$ (P = .94). Test of RR = 1 (z = 2.14; P = .03).

Haut, JAMA Surgery 2013



- Paper used MTQIP data 803 patients
- Mortality- No difference
- DVT higher w/ IVCF (OR 1.83,1.15-2.93)
- Unadjusted PE rate higher w/ IVCF

Prophylactic Inferior Vena Cava Filter Placement Does Not Result in a Survival Benefit for Trauma Patients

Mark R. Hemmila, MD,* Nicholas H. Osborne, MD,* Peter K. Henke, MD,* John P. Kepros, MD,† Sujal G. Patel, MD,‡ Anne H. Cain-Nielsen, MS,* and Nancy J. Birkmeyer, PhD*

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Can we Increase IVC Filter Removal?

Improved recovery of prophylactic inferior vena cava filters in trauma patients: The results of a dedicated filter registry and critical pathway for filter removal

Frederick B. Rogers, MD, MS, FACS, Steven R. Shackford, MD, FACS, Jo Ann Miller, BSN, RN, CCRN, Daniel Wu, DO, Amelia Rogers, BSA, and Angela Gambler, MBA, Lancaster, Pennsylvania

Are retrievable vena cava filters placed in trauma patients really retrievable?

87%

W. R. Leeper^{1,5} · P. B. Murphy^{1,6} · K. N. Vogt¹ · T. J. Leeper¹ · S. W. Kribs² · D. K. Gray^{1,3} · N. G. Parry^{1,3,4,5}



VTE Prophylaxis in Traumatic Brain Injury (TBI)



What is Optimal VTE Prophylaxis in Traumatic Brain Injury (TBI)?

- An Example Case:
 - You are the Trauma ICU attending and recently admitted a poly-trauma patient with:
 - TBI (small intraparenchymal contusion)
 - Flail chest
 - Pelvic fracture (no hematoma)
 - Bilateral femur fractures
 - What do you order to help prevent thromboembolism (VTE)?



Balance of Risk vs. Benefit

Pharmacologic Prophylaxis

NO Pharmacologic Prophylaxis

TBI Worse

VTE Event

More Neurosurgical Interventions

FULL Anticoagulation

Worse functional outcome

Worse functional outcome

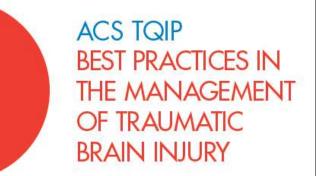




What is Optimal VTE Prophylaxis in Traumatic Brain Injury (TBI)?

- American College of Surgeons Trauma
 Quality Improvement
 Program (ACS-TQIP)
- "Best Practices in the Management of Traumatic Brain Injury"

https://www.facs.org/quality-programs/trauma/tqip/best-practice









ACS-TQIP recommendations for VTE Prophylaxis in TBI

Key Messages

- Patients with TBI are at high risk for venous thromboembolism (VTE), with rates as high as 20-30%
- VTE prophylaxis should be considered within the first 72 hours following TBI in most patients. Earlier initiation of pharmacologic prophylaxis (<72 hours) appears to be safe in patients at low risk for progression of intracranial bleeding and have a stable repeat head CT scan
- Placement of a prophylactic inferior vena cava (IVC) filter should be considered in patients at high risk for progression of intracranial hemorrhage who cannot receive pharmacologic prophylaxis, including those with lower extremity long bone fractures or pelvic fractures in addition to TBI

Table 3. Modified Berne-Norwood Criteria

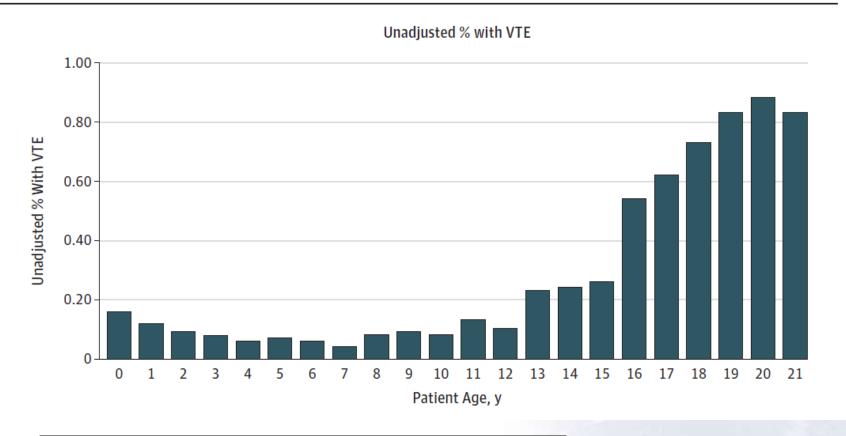
| Low risk | Moderate risk | High risk |
|---|--|--|
| No moderate or high risk criteria | Subdural or epidural hematoma > 8 mm Contusion or intraventricular hemorrhage > 2 cm Multiple contusions per lobe Subarachnoid hemorrhage with abnormal CT angiogram Evidence of progression at 24 hrs | ICP monitor placement Craniotomy Evidence of progression at 72 hrs |
| Initiate pharmacologic prophylaxis if CT stable at 24 hrs | Initiate pharmacologic prophylaxis if CT stable at 72 hrs | Consider placement of an IVC filter* |

VTE in Injured Children



When Do Children Become Adults?

Figure. Unadjusted and Adjusted Risk of Venous Thromboembolism (VTE) After Trauma Across Patient Age



Van Arendonk, JAMA Surgery 2013



When Do Children Become Adults?

- Adjusted OR 1.96 (95%CI 1.53-2.52) for 13-15 year olds
- Adjusted OR 3.77 (95%CI, 3.00-4.75) for 16-21 years
- 0-12 year olds as reference



Does VTE Occur in Injured Children? Figure 2. Calculation of a Patient Probability of Venous Thrombo

Figure 2. Calculation of a Patient's Points Total and the Predicted Probability of Venous Thromboembolism (VTE) Given the Points Total

Risk
 Predication
 Model for VTE
 in Children

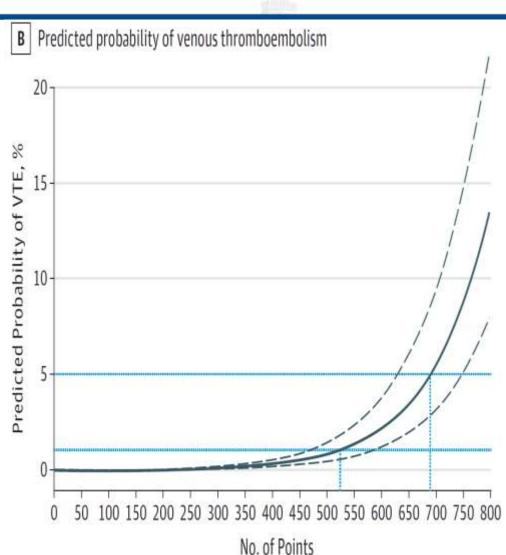
A Calculation of a patient's points total

| | Points | | | |
|--|---------|----------|--|--|
| Characteristic | Model 3 | Model 31 | | |
| GCS score | 50 | - | | |
| Mild, 13-15 | +0 | +0 | | |
| Moderate, 9-12 | +40 | +29 | | |
| Severe, 3-8 | +34 | +101 | | |
| Age category, y | | | | |
| 0 | +94 | +94 | | |
| 1-9 | +0 | +0 | | |
| 10-12 | +78 | +78 | | |
| 13-15 | +120 | +120 | | |
| 16-17 | +147 | +146 | | |
| Female sex | +4 | +4 | | |
| Male sex | +0 | +0 | | |
| Intubation | +97 | +143 | | |
| Admission to ICU | +171 | +186 | | |
| Transfusion of blood products | +58 | +57 | | |
| Central venous catheter placement | +61 | +61 | | |
| Pelvic fracture | +33 | +32 | | |
| Lower-extremity fracture | +36 | +37 | | |
| Major surgery | +150 | +149 | | |
| Intubation AND admission to ICU | NA | -51 | | |
| GCS category moderate AND admission to ICU | NA | +10 | | |
| GCS category severe AND admission to ICU | NA | -70 | | |

Connelly, JAMA Surgery 2015

Does VTE Occur in Injured Children?

- Risk Predication Model for VTE in children
- Implications for Prophylaxis?



Future of VTE Prophylaxis in Trauma



- Current recommendations are basically a "one size fits all" approach
- Can we do better?
- Do different patients require different:
 - Medications (i.e. anti-platelets, aspirin)?
 - Doses?
 - Frequency?



Precision medicine / targeted prevention

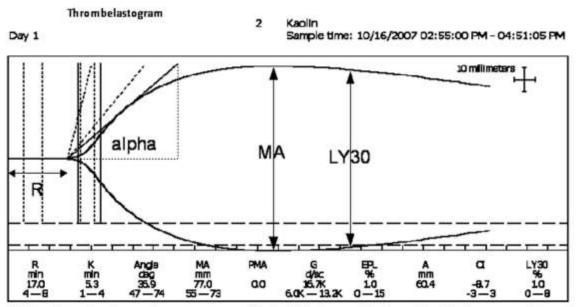


Fig. 2. A sample TEG tracing showing various parameters. The initial time to clot formation (R) is measured in minutes. Alpha angle represents the rate at which the clot is strengthening. MA measured in millimeters and represents the maximum clot strength. The percentage of clot LY30 after MA represents fibrinolytic activity.

Van, J Trauma 2009



Thrombelastography Versus AntiFactor Xa Levels in the Assessment of Prophylactic-Dose Enoxaparin in Critically III Patients

Philbert Y. Van, MD, S. David Cho, MD, Samantha J. Underwood, MS, Melanie S. Morris, MD, Jennifer M. Watters, MD, and Martin A. Schreiber, MD

- Purpose "to analyze whether TEG could be used to predict which enoxaparintreated patients would develop DVT."
- "TEG... may be used to guide dosing."

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Admission rapid thrombelastography predicts development of pulmonary embolism in trauma patients

Bryan A. Cotton, MD, MPH, Kristin M. Minei, BA, Zayde A. Radwan, BS, Nena Matijevic, PhD, PharmD, Evan Pivalizza, MD, Jeanette Podbielski, BSN, Charles E. Wade, PhD, Rosemary A. Kozar, MD, PhD, and John B. Holcomb, MD, Houston, Texas

- "Admission r-TEG mA values can identify patients with an increased risk of inhospital PE."
- "Further studies... whether alternative anticoagulation strategies should be used for these high-risk patients."

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Platelets are dominant contributors to hypercoagulability after injury

Jeffrey N. Harr, MD, MPH, Ernest E. Moore, MD, Theresa L. Chin, MD, Arsen Ghasabyan, MPH, Eduardo Gonzalez, MD, Max V. Wohlauer, MD, Anirban Banerjee, PhD, Christopher C. Silliman, MD, PhD, and Angela Sauaia, MD, PhD, Denver, Colorado

 "These data suggest an important role for antiplatelet therapy in VTE prophylaxis following trauma, particularly after 48 hours."



Coagulation Profile Changes Due to Thromboprophylaxis and Platelets in Trauma Patients at High-Risk for Venous Thromboembolism

CASEY J. ALLEN, M.D., CLARK R. MURRAY, B.S., JONATHAN P. MEIZOSO, M.D., JULIET J. RAY, M.D., LAURA F. TEISCH, B.S., XIOMARA D. RUIZ, M.D., MENA M. HANNA, M.D., GERARDO A. GUARCH, M.D., RONALD J. MANNING, ARNP, ALAN S. LIVINGSTONE, M.D., ENRIQUE GINZBURG, M.D., CARL I. SCHULMAN, M.D., Ph.D., NICHOLAS NAMIAS, M.D., KENNETH G. PROCTOR, Ph.D.

- "Platelet function is a dominant contributor to.... hypercoagulability."
- "Antiplatelet therapy may be indicated"

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Acknowledgements



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- Hopkins VTE Website (with paper forms)
 - http://www.Hopkinsmedicine.org/Armstrong/bloodclots
- Patient Education Video
 - http://bit.ly/bloodclots
- Wall Street Journal article
 - http://on.wsj.com/1M18Aqu
- PCORI Research in Action
 - http://www.pcori.org/research-in-action/improvingpatient-nurse-communication-prevent-life-threateningcomplication

